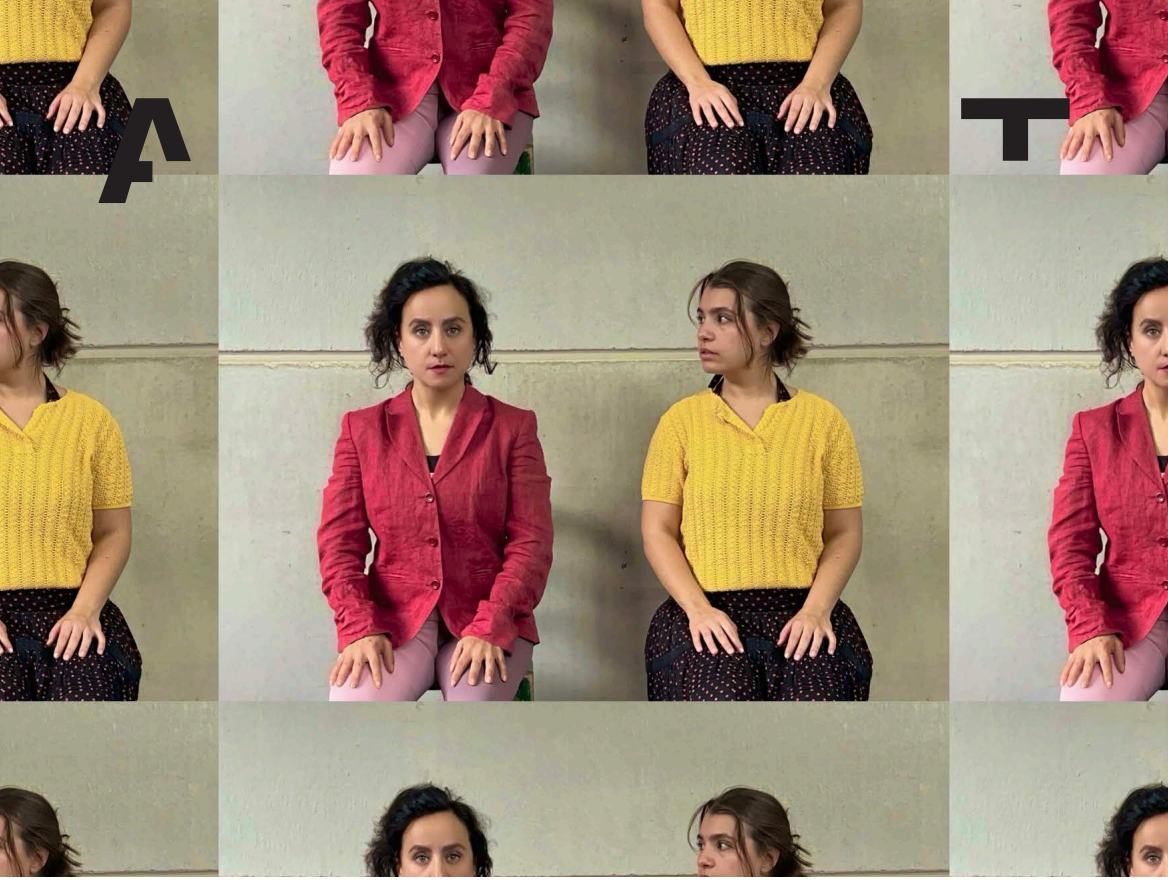


It’s not what you think

Creative Team and Performers
Alessandra Lauriola
Nika Soleimani

Duration: **40 min**

Photographer: **Artur Strupka**

Light Design: **Alessandra Lauriola, Nika Soleimani**

Technical Support: **Andrea Ferrari**

How can physical theatre expose the contradictions between individual perception, social expectations, and the experience of ordinary life? What do we understand by ordinary life? Our daily existence is shaped by familiar routines, social interactions and established patterns of behavior.

Beneath seemingly ordinary situations lies a complex network of social conventions, individual perceptions, misunderstandings, and emotional experiences.

It’s not what you think explores the contradictions and ambiguities of everyday life through physical theatre. The performance examines how communication can simultaneously create intimacy and distance, connection and conflict. Through physical interactions the performers investigate what happens when communication fails.
What does it mean to be present with another person?

Bodies become instruments of communication, expressing relationships that language cannot always articulate. How do we not collapse under the multitude of information that we face on an ordinary basis? We try to keep us alive; we try to feel alive.



Alessandra Lauriola

I was born and raised in northern Italy, in the province of Mantua.
I first became involved in theatre at the age of eleven; I didn't think I'd become an actress – I simply enjoyed watching films of all kinds.
I mainly studied spoken theatre during my teenage years, only to realise, once I started university, that that world wasn't for me.
Having always been drawn to the physical aspects of theatre, I first explored physical theatre and subsequently puppetry, with a particular focus on object and material theatre.
After attending the 'Animateria' training course for expert animators in the physical and digital languages of puppetry at the Teatro Gioco Vita in Piacenza, Italy, I decided to look for a university programme that combined physical theatre and puppetry, which is how I ended up in Switzerland, where I pursued a Master of Arts in Theatre at Accademia Teatro Dimitri.



Nika Soleimani

Nika Soleimani is a dancer, actress, performer artist, and dance and yoga teacher. Based in Berlin, she works as a freelance artist. Born in Iran, she began her artistic journey in theatre, working as an actress and performer artist in numerous theatre and performance productions. She studied acting in Tehran, classical ballet in Armenia, contemporary dance in Kyiv, and Berlin.

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