

WHAT IS THIS?

Creative Team and Performers
Helena Daniel
Mo Beiküfner
Stjepan Beslic

Duration: 45 min

Technical Support: Andrea Ferrari

Ntando Cele – mentorship during the early stages (course at ZHdK: Performing Narratives)

WHAT IS THIS? brings three bodies onto stage that are ready to play: with shoes, rhythms, carton boxes, and other devices, they deconstruct the familiar and reconstruct the familiar to something... still familiar?! They're curiously shifting shapes and attentively shaping the shift. To what? What is becoming? And being? What is that? What is this? What's in between? Or who? Expect a collage of appearances of the (un)expected, a stuffed dog, and real talk.

Music:

Donna Summer "MacArthur Park"
(written by Jimmy Webb)



Helena Daniel
Helena is a performer and creator in making. They are a white, first-generation college-graduated person, raised in Germany and currently based in Switzerland.
Helena's moving body has been shaped by clubbing, contemporary dance, (contact) improvisation, body-mind-centering, Feldenkrais, and long river walks with their sausage dog. They develop a practice of performance-making that is informed by their experience in somatic research. They long to disassemble how bodies are inscribed by society, understanding bodies as archives, as well as sites of knowing, expression, subversion and liberation.
The moving present and tender body is at the center of their work, supported by other media such as music, text, video and objects.



Mo Beiküfner
Mo Beiküfner is a musician and performance artist work in progress. In their work, they combine movement research, (song)writing and fragmented storytelling. Always starting from the body, they explore questions of belonging and un-becoming through a queerfeminist lense. Looking at how the human body is represented and projected in society, often distorted and troubled creatures evolve to whom Mo seeks to give a voice and a physical language, giving flesh to the confusion that may arise during the process of listening. Inspired by their side hustle as a dog trainer, they question authority and (dis)obedience in their art. Mo is a white and able-bodied person from Leipzig, Germany, currently based in Switzerland.



Stjepan Beslic
Stjepan Beslic is a young artist from Croatia with experience in acting, puppetry, dance, and traditional sausage making. Through his work and artistic experience, he has developed a strong ambition to explore physical and visual theatre while continuing to develop his artistic practice in object, material, and body-based theatre. He is interested, particularly in how the body moves through space, interacts with materials and visual projections, and responds to its surroundings. Influenced by puppetry, he often approaches performance through a puppetry way of thinking, even without the use of puppets.

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